For food in a world where many walk in hunger;
for faith in a world where many walk in fear;
for friends in a world where many walk alone;
we give you humble thanks, O Lord.

\*\*\*
In a world where so many are hungry,
may we eat this food with humble hearts.
In a world where so many are lonely,
may we share this friendship with joyful hearts.  Amen.

\*\*\*
To those who have hunger, give bread;
to those who have bread, give a hunger for justice.  Amen.

\*\*\*

Blessed are You, Lord God of all creation.
You hold in Your care all that You have made.
Bless us as we share this meal,
and touch our hearts to serve all whom we meet,
through Christ our Lord.  Amen.
*(Traditional, based on the Hebrew blessing Berakah Attah Adonai)*

\*\*\*
For the hands joined around this table

For the hands that have laboured to grow this food

For the hands that have prepared this meal

For the hands that will eat from this plenty

For the hands that will clean up

For our hands joined with yours to reach out in service and care

We give thanks! Amen

\*\*\*

**Johnny Appleseed**

Oh, the Lord is good to me,

And so I thank the Lord,

For giving me the things I need,

The sun, and the rain, and the apple seed,

The Lord is good to me

Johnny Appleseed, Amen

\*\*\*

**Bless the Food**

Bless the food upon our dishes,

As thou blessed the loaves and fishes.

Like the sugar in our tea,

May our souls be stirred to Thee.

Amen.

\*\*\*

**Spiderman Grace (**To the tune of Spiderman)
Saving Grace, Saving Grace
Bless the food before you stuff your face.
Thank the Lord, and the cooks,
For the food and how good it looks.
LOOK OUT! Here comes a big amen, AMEN!"

\*\*\*

**The Superman Grace**

Thank you Lord, for giving us food
*(actions: raise right arm overhead as Superman flying)*
Thank you Lord, for giving us food
*(actions: raise left arm flying)*
For the food that we eat
*(actions: standing with both arms over head, to the left)*For the friends that we meet
*(actions: standing with both arms over head, to the right)*Thank you Lord, for giving us food!
*(actions: move both hands in fists to hips and stand strong like Superman)*

Amen

**The Addams Family Grace (sung to the tune of the Addams Family)**

Chorus

Da da da dum (snap snap)
Da da da dum (snap snap)
Da da da dum, Da da da dum, Da da da dum (snap snap)

We thank you Lord for giving,
The things we need for living
The food, the fun, the friendship,
And our fam-i-ly.
- Chorus
\*\*\*

Thank you for the world so sweet.
Thank you for the food we eat.
Thank you for the birds that sing.
Thank you God for everything.

\*\*\*

**Alleluia Grace**

Allelu, allelu, allelu, alleluia (Group 1)
Praise ye the Lord (Group 2)
Allelu, allelu, allelu, alleluia (Group 1)
Praise ye the Lord (Group 2)
Praise ye the Lord (Group 2)
Alleluia (Group 1)
Praise ye the Lord (Group 2)
Alleluia (Group 1)
Praise ye the Lord (slow and all together)

\*\*\*

**For Health and Strength (sing in a round)**
For health and strength and daily bread,

We give you thanks, oh Lord.

\*\*\*

Now I fold my hands and say:

Thank you God for my supper today.

\*\*\*

We thank you, God, for happy hearts,
For rain and sunny weather.
We thank you, God, for this our food,
And that we are together.

\*\*\*

Bless , O Lord,

this food to our use

and us to thy service,

and keep us ever mindful

of the needs of others.

In Jesus’ Name.

Amen

\*\*\*

**Latin American Grace**

To those who have hunger
Give bread.
And to those who have bread
Give the hunger for justice.

\*\*\*

For this and all we are about to receive, make us truly grateful, Lord. Through Christ we pray. Amen.

\*\*\*

For food in a world where many walk in hunger;
For faith in a world where many walk in fear;
For friends in a world where many walk alone;
We give you thanks, O Lord.

\*\*\*

**The Selkirk Grace (Robbie Burns)**

Some hae meat and canna eat,

And some wad eat that want it,

But we hae meat and we can eat,

Sae let the Lord be thankit.