

# Trinity United Church



## Lent 2015 Newsletter

### UPCOMING EVENTS

For Your Fridge

#### Thinking Day

celebrate Guides and Scouts  
with us

Sun., February 16th

#### Shrove Tuesday Pancake Supper

Tues., February 17th

#### Coldest Night

Join the Trinity  
"Sub-Zero Super-Heroes"!

Sat., February 21st

#### The Season of Lent begins

Sun., February 22nd

#### Annual General Meeting

after church

Sun., March 1st

#### Third "Happy New Lear Lecture"

Wed., March 4th, 7:00 pm

#### "Red Hot Chili Cook-Off"

Fri., March 6th

#### Celebrating Saint Patrick

Sun., March 15th

### *A Note from Rev. Ted's Desk:*

## "Breaking Faith"

A friend of mine was involved some years back in transcribing the personal journals of Florence Nightingale—famous writer, respected figure of faith, and the wartime founder of modern nursing. One fascinating part of Nightingale's diary is that early in her life, she prayed earnestly for very specific items and outcomes—her intercessory prayers oftentimes became a wish list. As she grew up, Nightingale's devout prayers became more nuanced—instead of praying for specific outcomes or supplies, she was more likely to pray for strength, inspiration, or wisdom. A further breakthrough happened some years later when Nightingale's prayers again re-focused on necessities, often bringing before God the specific medicines needed at her clinic.

Florence Nightingale's prayers went from particulars, to generalities, and back to specifics—evidencing a cycle, an evolution. As her faith stumbled

and grew, her prayer-life naturally responded, developing into what Paul Ricoeur would call the sophistication of a "second naivete." This is a dynamic process of faith's growing and deepening—a dramatic (and occasionally painful) process by which our faith breaks out of the shell we build around it.

During Lent in 2015 (February 22nd through March 29th) we're exploring the theme of religious doubt, of stripping away illusions, and overturning some of faith's falsehoods. I'm grateful that a number of our community musicians have agreed to share music centred on this theme, as with Jesus we reject stones in search of nourishing bread.

Blessings of growth and depth to you,

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## Trinity to host “massed choir” at the Manitou Conference Annual Meeting

**A**s we enter the Lenten season, we are reminded of the sacrifice of Jesus, our Christ. We anticipate with Easter joy, the rebirth that is to come.

Trinity’s Senior and Junior Choirs continue to have a great time making music. Both groups have welcomed new members this year and continue to do so. Senior Choir rehearses Thursdays from 7:15 – 9:00 p.m. Junior Choir, under the leadership of Peggy Millar, rehearses Sundays from 9:30 – 10:00 a.m. Children J.K. age and up are welcome.

Trinity’s newest musical group, The “Joyful Bells”, our handbell choir, rehearses Tuesdays from 6:00 – 7:00 p.m. Please contact Brenda McLay,

Director, if you would like to join.

On Palm Sunday, March 29th, the Senior and Junior Choirs, plus the “Joyful Bells” will present special musical selections before, and during the worship service.

The Senior and Junior choirs are also preparing special music for Easter Sunday, April 5th. The Trinity Wind Ensemble will also be participating in the Easter worship service.

This spring, the Annual Meeting of Manitou Conference will be held here in North Bay. Trinity Church will be hosting a special afternoon worship service on Sunday, May 24. A “massed choir” will be formed with the Trinity Choir and other area

United Church choirs for this occasion. Please see Betty if you would like to be part of this group. The rehearsal will be held on Saturday, May 23, at Trinity Church.

On Sunday, May 31, the J.O.Y. Band will be musical guests at our worship service. We look forward to this gift of music.

We would like to thank all those who have helped to enrich our services musically this year. Our choirs especially thank the congregation for their continued support.

### **Trinity’s Vacation Bible Camp**

# **I SPY: MYSTERIES OF THE BIBLE**

**July 20th – 24th, 2015**

**9:30 – 3:30**

\$50 per child, includes camp t-shirt, lunch, snacks and all supplies. For children in Junior Kindergarten – Grade 6 Children in Grade 7 and up are welcome to help out and gain valuable leadership skills. Highschool volunteer hours will be granted for those who qualify. For more information please contact

Lisa Blais (705)474-3310 or by email [blais.trinity@gmail.com](mailto:blais.trinity@gmail.com)



Mustard Seed Productions will be presenting a new musical this Spring!

Mustard Seed Productions was created in 2007 to provide opportunities for Christian youth to build community around a common love of theatre. We welcome actors, singers, dancers, stage hands, musicians, and those interested in lighting, sound, props or costumes to join our troupe anytime. We have presented Godspell, Creation, Cotton Patch Gospel, Garden Varieties, Free to Be, Once Upon a Parable and Ultimate Superstar.

This year we are planning a production of Dream On, a musical adaptation based on William Shakespeare's Midsummer Night's Dream. Dream On is a musical comedy of mischief, mayhem, fairies and fools and is directed by Darlene Laferriere with musical direction by Brenda McLay. This musical will be performed June 12-14th, 2015

We will be holding an information session at Trinity United Church (corner of McIntyre & Ferguson, North Bay) on Wednesday February 25th at 6 pm. We invite young people in Senior Kindergarten and up, to attend the information session. Rehearsals will begin in March on Sundays from 12:30 – 3 and Wednesdays from 5:30 – 7:30 pm.

There will be a number of parts available, as well as opportunities to help behind the scenes for those who would like to be involved but don't want to perform. Adults and youth who are interested in helping out behind the scenes are also encouraged to attend the information session. This program will meet the requirements for high school volunteer hours.

We hope to see you there!

Mustard Seed Production Team

For more information contact:

Lisa Blais  
Designated Lay Minister – Faith Formation and Outreach  
Trinity United Church  
111 McIntyre St. E North Bay, ON P1B 1C5  
(705) 474-3310 blais.trinity@gmail.com

## UCW

As 2015 progresses, UCW will have lots of opportunities to show off their baking talents, from a 90th birthday celebration, a bridge tournament to catering for other church activities.

Some exciting things coming up for us are:

Spring Annual Presbyterian Meeting in March

World Day Of Prayer at Emmanuel United Church on March 06th, 2015

UCW Manitou Conference Annual General Meeting in Timmins in April

### **Advice For Lent**

Fast from criticism, feast on praise.

Fast from self-pity, feast on joy.

Fast from ill-temper, feast on peace.

Fast from jealousy, feast on love.

Fast from pride, feast on humility.

Fast from selfishness, feast on service.

Fast from fear, feast on faith.

*Respectfully submitted,  
Roxanne Chartrand,  
UCW President*

## **Friends of Camp Caritou Pasta Dinner**

**Saturday, March 7, 2015**

**5:00 - 7:00 p.m.**

**\$10.00 for Adults**

**\$5.00 for Children 12 &**

**Under**

## Second annual staff appreciation dinner

M&P hosted the second annual staff appreciation dinner on Tuesday January 22, at Brad and Nancy Stennings . By all reports the staff really enjoyed the wonderful surroundings, foods and fellowship the evening provided. It is a small way for our committee to show our appreciation of all the dedication and hard work our staff put into their work on our behalf every day.

All annual staff evaluations are now completed and the feedback from staff has been very positive. The changes to the salary schedule as directed by Presbytery combining salary and housing was put into place January 1, 2015 in addition to a small increase in base salaries and professional Development for all staff.

Betty Farris had an accident mid January where she broke her ankle and shoulder. She will be unable to play the piano for the next six weeks. Our church will assist by hiring a pianist to accompany the choir with Betty's di-

rection during practice and Sunday service.

I am pleased to announce that the new co chairs for M&P following the annual meeting will be Brad Stenning and Don Haslem. I have really enjoyed my time as co chair and will miss the frequent contact with staff and working with my co chair Brad. I will be concentrating my time and energy for the next little while on Trinity's Infant Food Shelf as it moves from its infancy to an important piece of Trinity's Community Outreach.

*Submitted by  
Linda Sheridan and Brad Stenning*

## Maundy Thursday Potluck

On Maundy Thursday (Thursday April 2nd) members of the Trinity family are invited to join members of St. Andrew's and Omond United churches for a community potluck supper at St. Andrew's United Church at 6pm. Bring something to share, and be prepared for a brief service of worship and communion before we head home (--or go to Easter choir practice!). Please bring something yummy and join United Church friends for this time of fellowship and unity!

## Trinity as an Arts Venue in Late 2015

Starting in November of 2015, we're going to explore the Advent season through the eyes of our local artists—and this means YOU! If you or someone you know is willing to share or develop some art around Advent or Christmas themes, pick up an "Advent Artists Primer" from the table at the McIntyre Street door. The art might be painting, drawing, sculpture, photograph, or something else!—Next Advent/Christmas season, let's see how the season expresses itself through our own local artists!

### *Pastoral Care and Visiting*

We have finalized our dates for the Lenten Communion Services for the shut-ins.

Barclay House.	March. 3, 11am
Nipissing Manor.	March 24, 2:15 pm
Empire Living.	March 30. 10am

If anyone would like to join us at any or all of these services you would be most welcome. You can contact Claudette or I if you would like more information.

*Claudette Depencier  
Noreen Brewer  
Co-chairs*

## *Rendez-vous national youth event*

**August 2014**

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We are pilgrims on a journey (Servants Song)

Rendezvous, we have been waiting  
United Church youth are Winnipeg bound  
Toronto Manitou conference bus trip  
Pack the snacks and get on board

We are pilgrims on a journey  
Alliston, Sudbury, Sault Ste Marie  
St Andrews they did feed us well  
We made new friends along the way

Day two and we journey westward  
Agawa, Wawa, Thunder Bay  
Pictographs and clear blue water  
Giant goose is on the way.

St. Paul's, Trinity took care of us  
As we start day number three  
Waterfront walk in Thunder Bay  
Kekabeka wondrous beauty

Dragon boating in Kenora  
Knox United treats us well  
Two nights here for fun and friendship  
Boat tour, talent show on day four.

Day five has us all up early  
In excitement for Winnipeg  
Prayer rocks, showers, more group photos  
Rendez-vous we're on our way!

We arrived with much excitement  
Rendez-vous is underway  
Home groups, Rez rooms, registration  
Gary, Nora, Stan McKay

Music, worship, meals and sessions  
Exposure trips, speakers fill our days  
Ross, Nicole and Wab and Kofi  
ReGenesis, rEvolue, and Coco sang

Closing worship, shared communion  
Social times and times to pray



Pack the bus, we travel eastward  
Once again we're on our way

Day nine and we're leaving Dryden  
At First United we all shared  
Songs and stories, praise and memories  
At Terry Fox we're all inspired

Marathon some time to play  
St Johns church they welcomed us  
Giuliano shared his stories  
Next day early on the bus

Day ten and we have a long drive  
Manitoulin Island this day ends  
Batchawana swim and lunch break  
We say bye to some new friends

Last day for these tired pilgrims  
Manitoulin Island drum workshop  
Chi Cheemaun to cross the water  
Alliston is our final stop

This has been a wondrous journey  
Friendships that will never end  
Thanking God for all this goodness  
When can we do it all again?

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## **I-DYG (Inter-Denominational Youth Group)**

Trinity youth, along with youth from other area churches meet once a month. We participate in a variety of fun and spiritually creative activities with the goal of building community with other Christian youth. We usually meet at Calvin Presbyterian Church on the last Sunday of the month. Ask to be added to the I-DYG Facebook page to receive information about upcoming events.

# The National AOTS Biennial Convention 2015 and The Central Region AOTS Round-up 2015



The Salvation Army Jackson's Point Conference Centre  
1890 Metro Road North, Jackson's Point, ON  
April 17 – 19, 2015

## Invitation to Participants

As One That Serves (AOTS) invites all interested men and women to participate in the organization's Roundup Convention centred around theme Patriarchy, Fatherhood and the Church. The weekend is an opportunity to acquire new friendships, engage in thought provoking discussion, enjoy music and worship, and shape the future of men in the church.

## Conference Theme: Patriarchy, Fatherhood and the Church

What is patriarchy and is this the way it is supposed to be? What does the Bible say about this? Jesus? What is the difference between mothers and fathers? Where did the male God come from? And what do we know about the origins of fatherhood, motherhood?

### Theme Speaker: Michael Kooiman



Michael is the minister of Central United Church in Weston. Located in one of Toronto's thirteen Priority Neighbourhoods, Central balances the needs of an historic congregation (1821) and the poverty that surrounds it. Michael is active in the Weston King Neighbourhood Centre, a community drop-in centre that provides meals, informal counseling and harm reduction services.

Since he began in ministry in 1990, Michael has served the Bathurst Pastoral Charge, near Perth, ON, St. Matthew's in Toronto, and Cliffcrest & Birchcliff Bluffs, both located in Scarborough. In 2004-05, Michael was the President of Toronto Conference. Educated at York and Queen's, Michael also completed a Doctor of Ministry in preaching at Chicago Theological Seminary.

Michael is the Coordinator of the Ministry of Supervision program at Emmanuel College, preparing those who seek to supervise ministry-based students in all forms. Michael is an active consultant with the Edge Network for Ministry Development, specializing in building issues and congregational outreach. He was also an Emerging Spirit presenter, leading over 30 workshops from Halifax to Regina. In 2011, he was the General Editor of "Faith in a Time of Change," a collection of Emerging Spirit blogs (available through UCPH).

Michael is currently the President of the Toronto United Church Council, and is passionate about Council's mission to provide support and leadership in the areas of congregational development, mission strategy, social ministry and church camping.

### Saturday Entertainment: Cara Chisolm



Cara is an entertainer as well as a vocalist. Her performance will include a wide range of music based on gospel, country, musical theatre and sing-along.

Cara brings to the stage more than 20 years in the entertainment business. Versatility has been the key to her success. Her experience includes cabaret performer at major conventions, live theme park stage shows (Canada's Wonderland & Ontario place), major musicals (42nd Street, the original Canadian Company of Les Miserables, Phantom of the Opera, Gypsy, and Big River), cruise line productions, London west end theatre, motion pictures, and television. She has also been a member of the Juno nominated children's group, Jam Sandwich for the past six years.

# Youth Prayer Vigil

Thurs. April 2nd – Fri. April 3rd

I-DYG (Inter-Denominational Youth Group) and North Bay Presbytery Youth Groups will be holding a Prayer Vigil (April 2nd – 3rd) beginning with the Maundy Thursday potluck service at St. Andrew's United Church and ending following the 10:00 am Good Friday service at Omond United Church.

We would like to invite any interested youth in Grade 7 and up to join us while we take a deeply spiritual and reflective journey through Good Friday.

The inspiration for the vigil is from the gospels of Mark and Matthew, when, in the Garden of Gethsemane, Jesus asks the sleeping disciples, 'Could you not watch one hour?' (Mk 14:38)

ing hourly prayer sessions and meditations, participating in prayer stations, quiet games, etc.

Throughout the night we will be hold-

For more information please contact Lisa Blais at 474-3310 or [blais.trinity@gmail.com](mailto:blais.trinity@gmail.com).

## Trinity hosts WILLIAM SHAKESPEARE



## EMBRACING OUR "YEAR OF LEAR"

As "King Lear" closes in, Trinity's life and worship will be enriched with Shakespearean surprises! There's still time to attend a couple "No Fear King Lear" Wednesday lectures (March 4th, and March 25th at 7pm) or donate some time or energy to making "King Lear" a smashing success!

Between April 16th and 26th of 2015, Trinity United Church will be hosting William Shakespeare's celebrated "King Lear," featuring renowned Canadian actor David Fox.

Public performances take place on the evenings of April 16, 17, 18, 21, 22, 23, 24, and 25th. Afternoon matinees take place on Sunday April 19th and April 26th. Ticket proceeds from the final blow-out matinee performance on April 26th go entirely to Trinity United Church, so bring your friends for a final celebratory performance capping off this exciting new community partnership!

The 2015 "King Lear" Project includes special high school workshops and performances, and has

been made possible by the Trinity Arts committee whose mandate is "Using the many blessings of the Trinity Church family to enrich life and faith through the arts." Members of the steering group include Nancy or Brad Stenning, Darlene Laferriere, director Rod Carley, treasurer Michelina Beam, and staff support from Lisa Blais and Rev. Ted.

## MORE UPCOMING EVENTS

For Your Fridge Too

### Fourth and final “Happy New Lear Lecture”

Wed., March 25th, 7:00 pm

### Palm Sunday

Sun., March 29th

### Maundy Thursday

service begins our all-night  
Youth Vigil

Thurs., April 2nd, 6:00 pm  
St. Andrew's

### Good Friday

AOTS Breakfast at Trinity

Fri., April 3rd, 8:00 am

Good Friday service

Omond United Church 10:00 am

### Easter Sunday

Sunrise Service

corner of Ferguson & McIntyre  
7:30 am

and Communion services

Sun., April 5th, 10:30 am

### “King Lear”

Trinity hosts matinee and evening  
performances of “King Lear”

April 16-26th

### “Spring Fling” glitter dinner

with Chef Donnie Blais

Sat., May 2nd

### Mother's Day Baptism Sunday

Inquire today about baptism!

Sun., May 10th 10:30am

### General Meeting of Manitou Conference

Trinity Co-Hosts, with a Saturday  
night Heavenly Hosts concert

and a City-Wide Sunday

Afternoon Worship service!

May 22 - May 24th

### Worship with The JOY Band!

Sun., May 31st

### Communion Sunday

celebrating our Sunday School  
teachers

Sun., June 14th

### The Trinity Testosterone

men's canoe adventure!

June 26th - June 28th

### St. Andrew's Summer Holiday

Trinity welcomes our friends from  
St. Andrew's to worship with us

for much of June and July!

June 22nd - July 27th

### Vacation Bible Camp

Trinity's famous Vacation Bible  
Camp hosts over 50 children for  
a week of fun, surprises, and  
spiritual growth! Get your regis-  
tration kits from Trinity's office!

July 20th - 24th

### Summer Break

Trinity Closed for a summer  
break. You will be warmly met by  
friends on Sunday mornings at

St. Andrew's United Church, on  
Sundays at 10:30am

Mon., July 27th - Wed., Sep-  
tember 2nd

### Rally Day Sunday

Covenanting with our Sunday  
School at morning worship—  
laughing and playing at Camp

Tillicum in the afternoon with our  
Annual Rally Back Picnic!

Sun., September 13th